LUNCHTIME CO

Week 1

Commencing • 22nd April • 13th May • 10th June • 1st Jul • 22nd July • 2nd Sep • 23rd Sep • 14th Oct



																										ME						
W	W	W	W	W	W	W	W	W	W	W	W	W	W	W	W	/ \	V	W	W	W	W	W	W	W		W	W	W	W	W	W	
ME	AT				_						_					_		_							_					_		

FREE Monday

Tuesday

Wednesday

Thursday

Friday

Freshly baked bread

Freshly Baked Bread Freshly Baked Bread Freshly Baked Bread Freshly Baked Bread Freshly Baked Bread

Menu choice **1**

Quorn dog in a roll with potato wedges

Sticky chicken & vegetable wrap

Beef Lasagne with salad and garlic bread

Roast turkey with roast potatoes

Fish fingers & chips with garden peas

Menu choice

2 VEGETAR

Vegetable chilli tacos with potato wedges

Quorn balls in tomato and basil sauce with rice

Cheese and potato pie

Vegetable burger

Fishless fish fingers & chips with garden peas

Menu choice

3

Pasta with tomato & garlic sauce

Jacket potato with cheese and beans

Pasta with cheese sauce

Jacket potato with tuna mayo & cheese

Pasta with tomato and herb sauce

Desserts

Pancake & sauce

Sliced fresh fruit

Fruit flapjack

Sliced fresh fruit

Cappuccino cake

Sliced fresh fruit

Fruit Shortbread

Sliced fresh fruit

Fruit Jelly

Sliced fresh fruit

Our mission is to make your lunchtime meal the highlight of *your* day.

Available **every day**:

- Packet Lunch
- Seasonable vegetables
- Selection of fresh salad

Some of our food may contain allergens. Please ask our chef for advice.

LUNCHTIME CO

Week 2

Commencing • 29th April • 20th May • 17th June • 8th Jul • 22nd July • 9th Sep • 30th Sep

U U U U W MEAT	000000				
FREE	Monday Monday	Tuesday	Wednesday	Thursday	Friday
Freshly baked bread	Freshly Baked Bread	Freshly Baked Bread	Freshly Baked Bread	Freshly Baked Bread	Freshly Baked Bread
Menu choice 1	Macaroni cheese	Beef meat balls in tomato & garlic sauce & rice	Chicken in a bun with wedges	Roast pork & apple sauce with roast potatoes	Battered fish & chips with garden peas
Menu choice 2	Cheese & tomato quiche with salad & coleslaw	Vegetable curry	Chickpea & roasted vegetable bolognaise	Quorn sausage with roast potatoes	Roasted pepper & cheese pitta pizza & chips with garden peas
Menu choice $oldsymbol{3}$	Pasta with tomato and basil sauce	Jacket potato with salmon	Pasta with cheese sauce	Jacket potato with tuna mayo & cheese	Pasta with roasted pepper sauce
Desserts	Lemon drizzle cake	Ice cream	Fruit cookie	Chocolate mousse	Carrot cake
Desserts	Sliced fresh fruit	Sliced fresh fruit	Sliced fresh fruit	Sliced fresh fruit	Sliced fresh fruit

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Available **every day**:

- Packet Lunch
- Seasonable vegetables
- Selection of fresh salad

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LUNCHTIME CO

Week 3

Commencing • 6th May • 3rd June • 24th June • 15th Jul • 16th Sep • 7th Oct



Tuesday

Wednesday

Thursday

Friday

Freshly baked bread

Freshly Baked Bread Freshly Baked Bread Freshly Baked Bread Freshly Baked Bread Freshly Baked Bread

Menu choice **1**

Vegetable lasagne with salad and garlic bread

Sausage & mash

Beef bolognese

Roast beef with roast potatoes and Yorkshire pudding

Fish and chips with garden peas

Menu choice

2

Vegetable pitta bread pizza with wedges Chickpea & roasted vegetable pasta bake

Squash, spinach & chickpea filo slice

Quorn fillet with roast potatoes

Cheese and onion quiche with chips

Menu choice

3

Pasta with tomato & garlic sauce

Jacket potato with salmon

Pasta with cheese sauce

Jacket potato with tuna mayo & cheese

Pasta with mixed vegetable & tomato sauce

Desserts

Chocolate brownie

Sliced fresh fruit

Sliced fresh fruit

Strawberry mousse Fudge tart

Sliced fresh fruit

Berry cheese cake

Sliced fresh fruit

Orange and lemon muffin

Sliced fresh fruit

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Available every day:

- Packet Lunch
- Seasonable vegetables
- Selection of fresh salad

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